

# WHAT TO KNOW ABOUT DOXY-PEP

## What is Doxy-PEP?

Doxy-PEP is a new way to reduce your risk of getting different sexually transmitted infections (STIs).

Taking 200mg of the antibiotic doxycycline (doxy) after condomless oral, anal, or vaginal/ front hole sex reduces your chance of getting **gonorrhea, chlamydia, and syphilis**.



Condomless sex means oral, anal, or vaginal/ front-hole sex where a condom isn't used for the entire time.

Using Doxy-PEP reduces

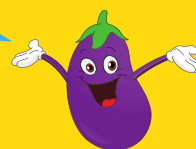


Gonorrhea up to 55%

Syphilis up to 87%

Chlamydia up to 88%

## How well does it work?



Doxy-PEP **does not** protect against mpox or HIV

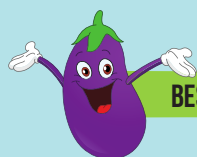
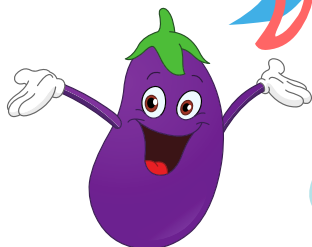
Get the mpox vaccine!

Still need PrEP, HIV-PEP, or U=U to prevent HIV transmission

## How do you use it?

Take 200mg of doxy (usually 2 pills of 100mg) **as soon as possible** after sex.

Doxy-PEP works best when taken within 24 hours but it **can still work** up to 72 hours after sex.



BEST TIME



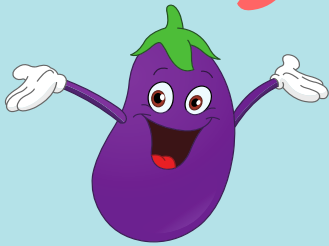
CAN STILL WORK



TOO LATE!



### What if you have sex more than once?

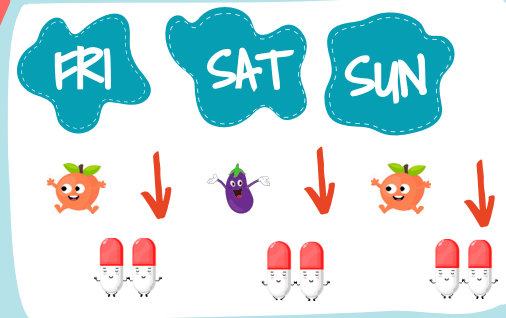
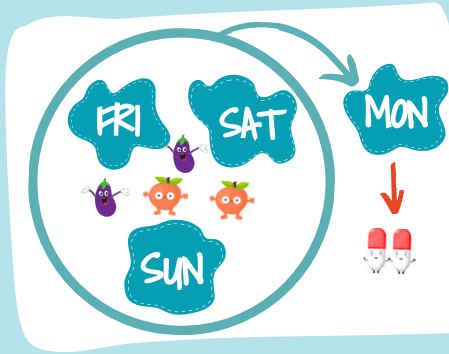


A 200mg dose of doxy will cover all the sex you had in the last 24 to 72 hours.

Taking a dose each day after sex is more effective but may have more side effects.

### CAUTION

Do not exceed a maximum daily dose of 200mg



### What else do I need to know?



**Take with food** to prevent nausea. Avoid dairy, calcium, antacids 2 hours before or after taking doxy.



Doxy may make you **sensitive to sunlight**, so wear sunscreen and limit sun exposure.



If you may be **pregnant**, talk to your provider before taking doxy.



**Get tested regularly** for STIs. If you get an STI, you still need treatment.

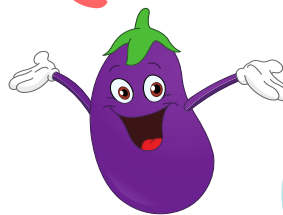
### What about drug resistance?

More research is needed to understand the impact of Doxy-PEP on drug resistance.

But, so far, **chlamydia & syphilis don't seem to become resistant to doxy**. Gonorrhea already has some resistance to doxy, so different antibiotics are used to treat it.

Taking doxy every day is common for other health problems (like acne) and is considered to be safe.

### Any more questions?



### What are the different types of doxy?

There are three equally effective types of doxy:

- Hyclate
- Monohydrate (may be gentler on the stomach)
- Delayed Release (pricier option but in a single pill)

**Choose the version that you can most easily get.**

### Where do you get it?



Ask your healthcare provider for Doxy-PEP.

**They might not be aware of this strategy to decrease STIs.**

In June 2024, the CDC published its clinical Doxy-PEP recommendations. Please visit the QR code to learn more.

