

# Becoming Certified in Addiction Medicine

**ASAM Review Course** 

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### **Financial Disclosure**

No financial conflicts of interest to disclose



### Objectives



- Describe the pathways to American Board of Preventive Medicine (ABPM) certification.
- List the criteria to be eligible to take the Addiction Medicine certification exam.
- Review the certification exam content and timeline.
- Identify ABPM resources to assist diplomates to meet ABPM requirements.



# Eligibility Requirements & Pathways to Certification

### **Key Eligibility Requirements**



### **Primary Specialty Certification**

American Board of Medical Specialties (ABMS)
Member Board
American Osteopathic Association (AOA)
Royal College of Physicians and Surgeons of Canada (RCPSC)
College of Family Physicians of Canada (CFPC)

#### **Medical License**

Current, unrestricted, and valid in US or Canada; no license may be restricted, revoked, suspended, or currently under such notice

### **Medical Degree**

## **Training or Experience in Addiction Medicine**

Practice Pathway (through 2025) ACGME-Accredited Fellowship in Addiction Medicine

### **Practice Pathway**



- Eligible physicians have <u>significant</u>
  Addiction Medicine practice
  experience or training but have
  not completed an ACGMEaccredited Addiction Medicine
  fellowship.
- The Practice Pathway is open through the 2025 exam cycle.



### **ACGME-Accredited Fellowship Pathway**



- Successful completion of an ACGME-accredited fellowship program is required.
  - At least 12 months in duration
  - If fellowship is longer than 12 months, physicians must complete all years of training for which the fellowship program is accredited.
- Addiction Medicine fellowship programs began ACGME-accreditation process in 2018.
- Beginning in 2026, the ACGME-Accredited Fellowship Pathway will be the sole pathway to ABPM certification in Addiction Medicine.



# **Examination Content, Questions, & Timeline**

### **Exam Content**



Assesses ability to apply knowledge rather than to recall isolated facts

Focuses on high-frequency and/or high-impact patient problems

Emphasizes clinical situations and decisions arising in the experienced Addiction Medicine specialist's practice

### **Core Exam Content Areas**



| Proportion | Content Areas   |
|------------|---|
| 25%        | <ul> <li>01 – Definitions</li> <li>02 – Genetics</li> <li>03 – Pharmacokinetic and Pharmacodynamic Principles</li> <li>04 – Pharmacology</li> <li>05 – Neurobiology of Addiction</li> </ul>   |
| 20%        | 06 – Epidemiological Concepts<br>07 – Epidemiological Trends of Substance Use Disorders<br>08 – Prevention  |
| 40%        | 09 – Screening, Assessment, and Brief Intervention 10 – Overview of Addiction Treatment 11 – Management of Inpatient and Outpatient Intoxication and Withdrawal 12 – Pharmacologic Interventions for Addictions 13 – Behavioral Interventions 14 – Co-Occurring and Medical Disorders among Patients with Alcohol and Other Drug Use and Addiction 15 – Co-Occurring Psychiatric Disorders among Patients with Alcohol and Other Drug Use and Addiction 16 – Pain and Addiction |
| 15%        | 17 – Ethical, Legal, and Liability Issues in Addiction Practice   |

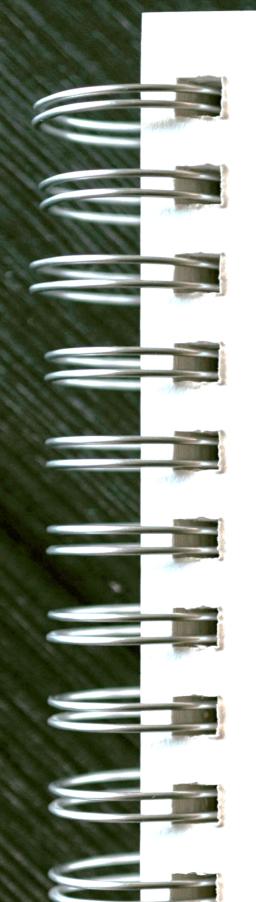
### **Exam Content by Substance/Addiction**



| Proportion | Substance/Addiction             |  |
|------------|---------------------------------|--|
| 15-20%     | Alcohol                         |  |
| 15-20%     | Nicotine                        |  |
| 10-15%     | Opioids                         |  |
| 7-10%      | Sedatives                       |  |
| 7-10%      | Stimulants                      |  |
| 7-10%      | Cannabinoids                    |  |
| 0.5-3%     | Hallucinogens                   |  |
| 0.5-3%     | Dissociatives                   |  |
| 0.5-3%     | Inhalants                       |  |
| 0.5-3%     | Anabolic Steroids               |  |
| 1-3%       | Other Substances                |  |
| 1-3%       | Nonsubstance Addiction          |  |
| 1-5%       | General/All Substances Combined |  |

### What's on the Exam?





- Multiple-Choice Questions
  - Recall specific important facts
  - Interpretation, e.g., identify a fatal study flaw, diagnose a patient
  - **Problem solving**, e.g., judgment about clinical treatment, healthcare design, 2x2 tables, etc.
- Single-Best Answer
- Calculator, drug name list, and normal range values are provided.

### What's NOT on the Exam?



**True/False Questions** 

**K-Type Questions** 

**Trick Questions** 

**Experimental Questions** 

### **Exam Timeline**



| Late October/early November | All exams administered   |
|-----------------------------|--|
| November/December           | All exams scored   |
| December/January            | <ul> <li>Key validation process:</li> <li>Each question's performance is reviewed, focusing on low-performing questions</li> <li>Questions may be retained, re-keyed, or dropped based on performance</li> <li>Finally, each candidate's exam is rescored</li> </ul> |
| January                     | <ul> <li>Board reviews exam results and characteristics</li> <li>Ensures passing standard represents the same level of proficiency year after year</li> <li>Eliminates effects of variance in exam difficulty from year to year</li> </ul>                           |
| Late January                | Finalized exam scores sent to examinees  |

### Certificate



 Attests that a physician has met all requirements of Addiction Medicine certification

- Effective January 1 of the year following the exam
  - Certificate will expire December 31 ten years after issuance
    - e.g., a physician who passes the 2025 certification exam will be certified effective January 1, 2026, through December 31, 2035.
  - Subject to continuing compliance with Continuing Certification Program (CCP) requirements
- Upon certification, all ABPM diplomates will participate in the CCP, including annual fee payment

### **Important Dates**



| March 31, 2024                | Application window opens                          |
|-------------------------------|---|
| May 21, 2025                  | Exam registration opens                           |
| June 30, 2025                 | Application closes                                |
| July 1-15, 2025               | Late application period                           |
| September 12, 2025            | Exam registration closes                          |
| October 13 – November 2, 2025 | Exams administered at Pearson Vue testing centers |
| Late January 2026             | Exam scores released to examinees                 |

### **Application Info & Help**



- Find more information on each pathway requirements
- https://www.theabpm.org/becomecertified/certification-overview/
- https://www.theabpm.org/becomecertified/subspecialties/addictionmedicine/

- Take the "Am I Eligible?" quiz to determine your readiness to apply for the certification exam
  - https://www.theabpm.org/am-ieligible/



