

Pharmacology and Toxicology: Principles, Applications, and Limitations

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Financial Disclosure

Lewis S. Nelson, MD, MBA, FASAM

• No relevant disclosures

Learning Objectives



1

Explain the differences between and clinical relevance of tolerance, dependence, and hyperalgesia.

2

Describe the pharmacologic principles of pharmacokinetics and pharmacodynamics and how each impacts addiction risk and addiction treatment.

3

Discuss the interpretation pitfalls of screening and confirmatory urine drug tests in the management of patients with substance use.

JULY 2025 REVIEW COURSE 2025

Addiction Medicine IS Pharmacology

- Drugs have to get to the brain to elicit a response.
 - Blood brain barrier is an effective barrier
- Euphoria rate of rise
- Dependence duration of exposure



Absorption (Bioavailability)

Distribution

Elimination

Biotransformation

Dose Response (Clinical Effect)

Potency

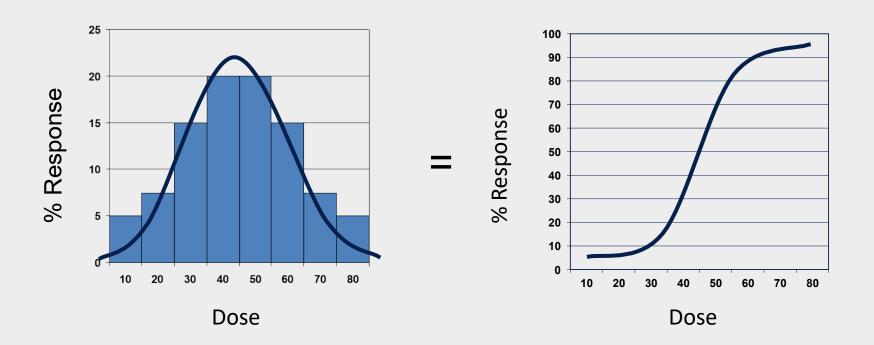
Drug interaction

Tolerance

Dependence



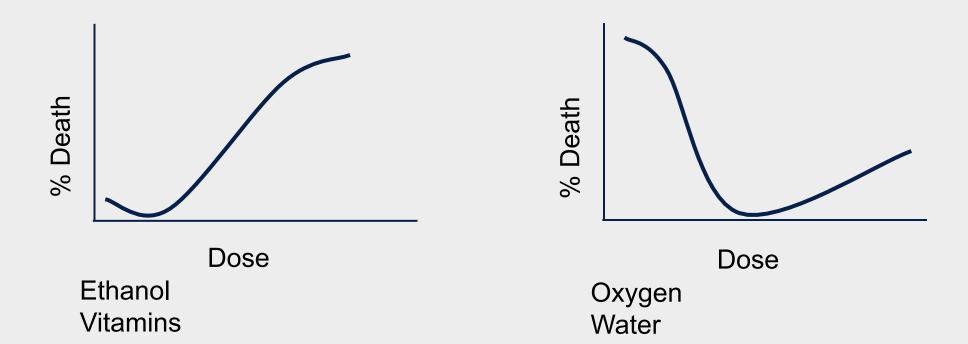
Dose-Response



Response = Anything (Blood pressure, Euphoria, Death)



Dose-Response



Response = Death



Potency

Rank order the potency at causing death:

Agent	LD50 (approx.)
Ethanol	5,000 (mg/kg)
Nicotine	2 (mg/kg)
Morphine	1 (mg/kg)
Fentanyl	0.01 (10 μg/kg)
Botulinum	0.000001 (2 ng/kg)

Don't confuse potency with clinical effect



Which has more potent THC?

1980's weed

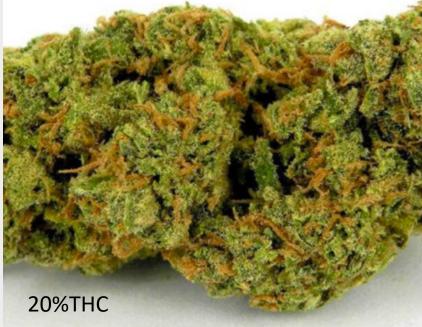
Trick question:

The THC is the same potency
The higher concentration weed is more "potent"

Don't confuse potency of a drug with its concentration

2020 weed







Potency doesn't really matter

Agent	Potency (vs morphine)
Tramadol	0.2
Morphine	1
Oxycodone	1.3
Methadone	4
Heroin	4
Buprenorphine	30
Fentanyl	100
Carfentanil	10,000

Any of these drugs will kill you if you take enough





Dose Makes The Poison

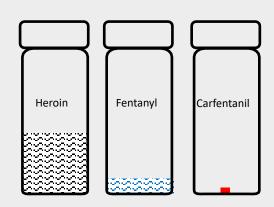
"What is there that is not poison? All things are poison and nothing [is] without poison. Solely the dose determines that a thing is not a poison"

Paracelsus (1493-1541) in *Third Defense*

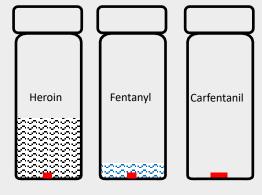
Philip Theophrastus Bombast von Hohenheim aka PARACELSUS (1493-1541)

Potency doesn't really matter

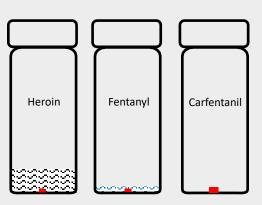




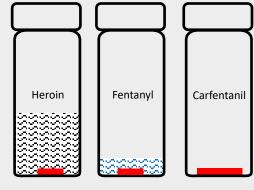
Equi-effective "safe" doses



Dangerous doses



Equi-effective "safe" doses



Deadly doses

Absorption



Routes of Administration

- Oral
 - Potentially extensive first-pass
- IV, IN, IM, SC, SL, buccal, inhalational, rectal
 - Bypass hepatic first-pass
- Intrathecal
 - Unique –bypass Blood Brain Barrier

- Transdermal
 - Bypass hepatic first-pass
 - Depot in skin/body fat can influence absorption
- Intranasal
 - May directly access CNS (nose-to-brain)



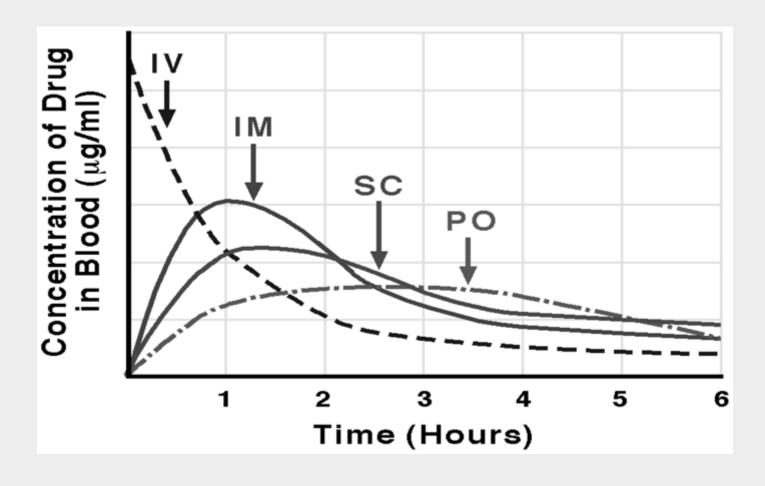
Bioavailability

- The amount of unchanged drug reaching systemic circulation after administration is the bioavailability (F).
- F depends upon:
 - Route (IV is 100%)
 - Site specific membrane permeability
 - Drug transporter activity (p-glycoprotein)
 - First-pass metabolism (hepatic)

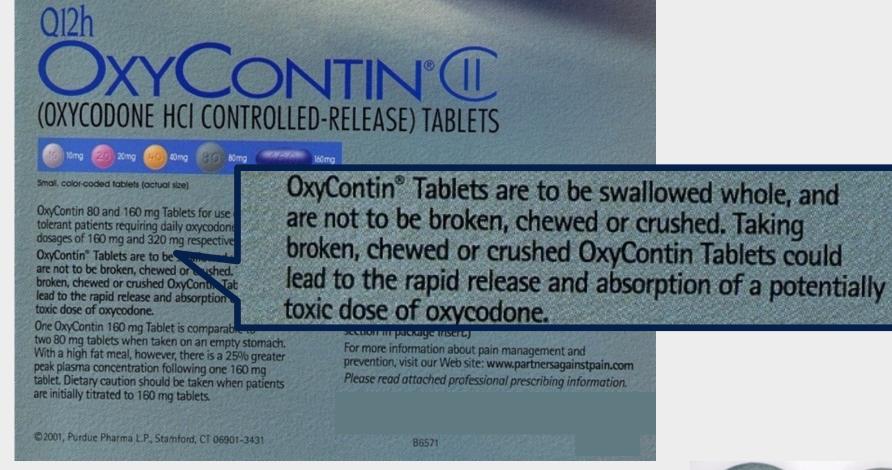
	Route			
	Oral	Sublingual	Buccal	
Buprenorphine	10%	50%	30%	
	Oral	Sublingual	Intranasa I	
Naloxone	1%	20%	50%	
	Oral			
Morphine	33%			
Oxycodone	75%	al Taxical 1006:20	(6),260, 70	



Area Under the Curve (AUC)











Distribution

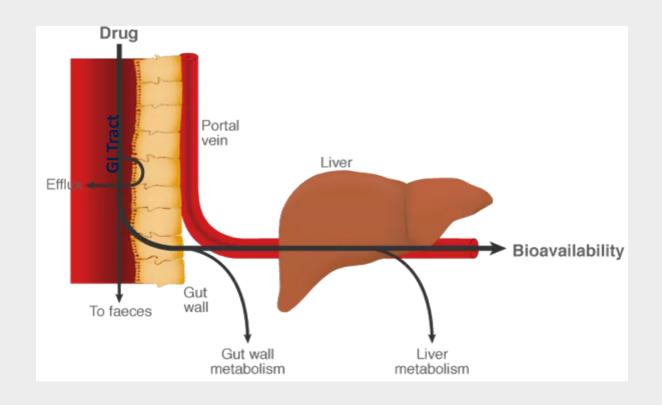


First Pass Hepatic Metabolism

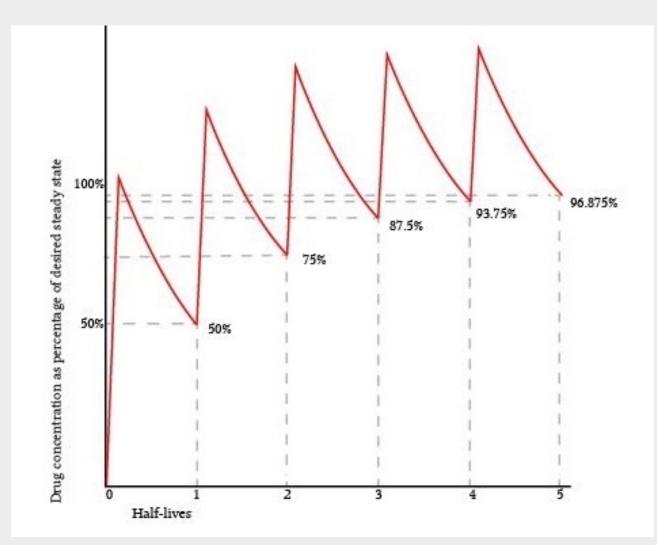
Bypass first pass





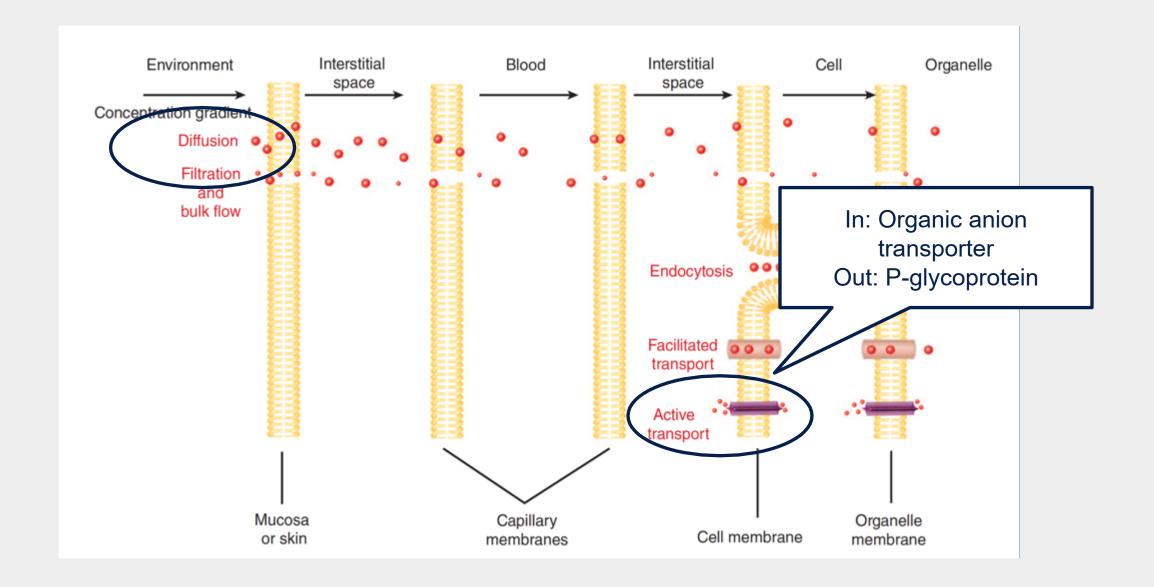


Steady State



- Requires approximately 5 halflives
 - Regardless of the compound's half-life
- Explains (in part) the risk and difficulty of methadone induction
 - T½ ~24 hr (12-36 hr)





P-Glycoprotein

Loperamide the OTC fentanyl (reason for no CNS activity) [A...

www.bluelight.org/vb/archive/index.php/t-217933.html -

Aug 21, 2005 - 50 posts - 30 authors

I have found many commonly available items (herbal extracts, supplements or food items) which are p-glycoprotein inhibitors, but inhibition at ...

Immodium, BBB, and PGp inhibition [Archive] 8 posts Jan 12, 2013 (Loperamide/cimetidine/quinine) Veteran. Wasn't a ... 13 posts Oct 2, 2012 Forcing Loperamide through the BBB [Archive] - Page 2 30 posts Jun 21, 2011 Forcing Loperamide through the BBB [Archive] 50 posts May 23, 2006 More results from www.bluelight.org

Loperamide and P-glycoprotein inhibition: assessment of ...

www.ncbi.nlm.nih.gov/... ▼ National Center for Biotechnology Information ▼ by J Vandenbossche - 2010 - Cited by 12 - Related articles

Loperamide and P-glycoprotein inhibition: assessment of the clinical relevance... coadministration of loperamide with a P-glycoprotein inhibitor or substrate.

Combinations - Loperamide Potentiation + p-glycoprotein in...

www.drugs-forum.com > ... > DRUG-FORUMS > Opiates & Opioids ▼

Mar 2, 2012 - 3 posts - 2 authors

SWIM is going to be performing an experiement with Loperamide, he is ... SWIM is aware of the dangerous of inhibiting p-glycoprotein but is not ...

Addiction - metabolite of loperamide is possible PGP ... 4 posts Feb 28, 2013 Combinations - Cheap Opiate High-potential ... 22 posts Dec 27, 2012 Experiences - Loperamide Report 22 posts Jan 16, 2012 Blood brain barrier permeation 17 posts Dec 4, 2010 More results from www.drugs-forum.com

Pepper Inhibits P-Glycoprotein (just add loperamide??) [Ar...

"Street pharmacologists" understand these principles

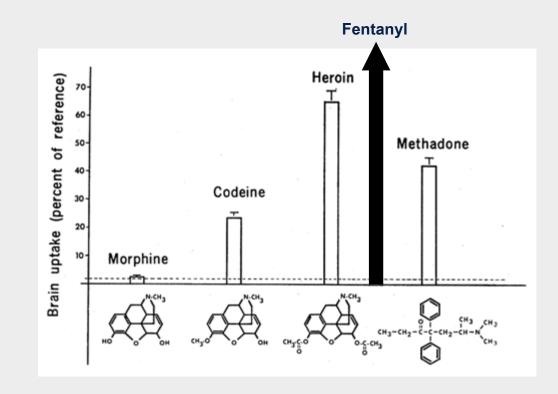
Loperamide and p-glycoprotein inhibitors

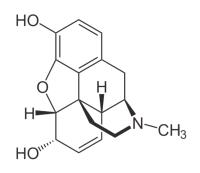


Lipophilicity

Lipophilicity = Reward = Abuse liability

Drug	LogP
Buprenorphine	4.98
Fentanyl	4.05
Methadone	3.93
Naloxone	2.09
Hydromorphone	1.6
Heroin	1.58
Morphine	0.89





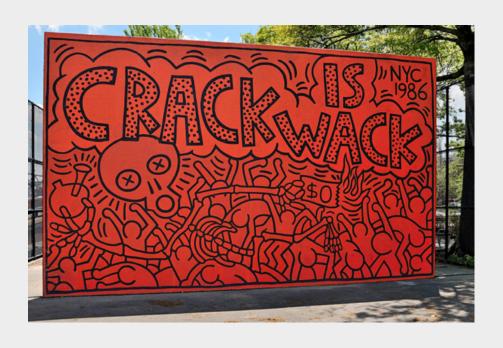
Morphine

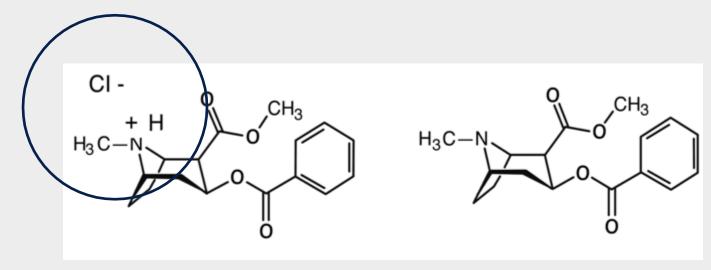
Heroin (diacetyl morphine)

Oxycodone



Addiction Medicine IS Pharmacology



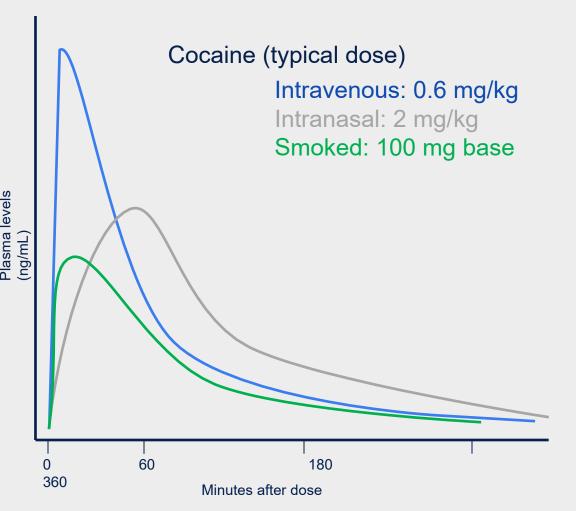




Cocaine hydrochloride (salt)



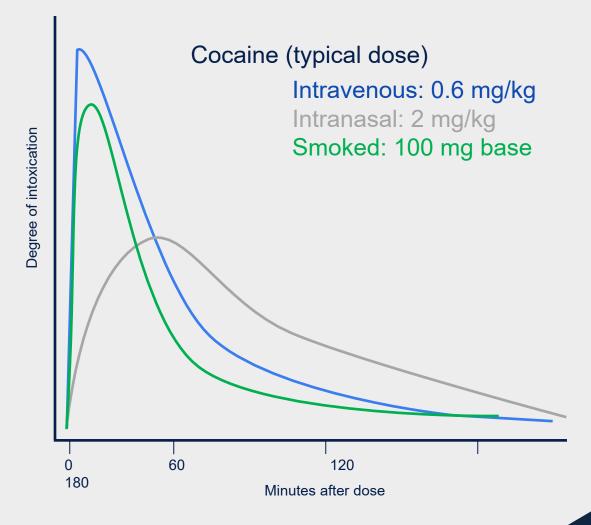
Cocaine base (alkaloidal)



 C_{max} and T_{max} depend on route of administration and dose

 $(C_{max}: IV \rightarrow Nasal \rightarrow Smoked)$ $(T_{max}: IV = Smoked \rightarrow Nasal)$



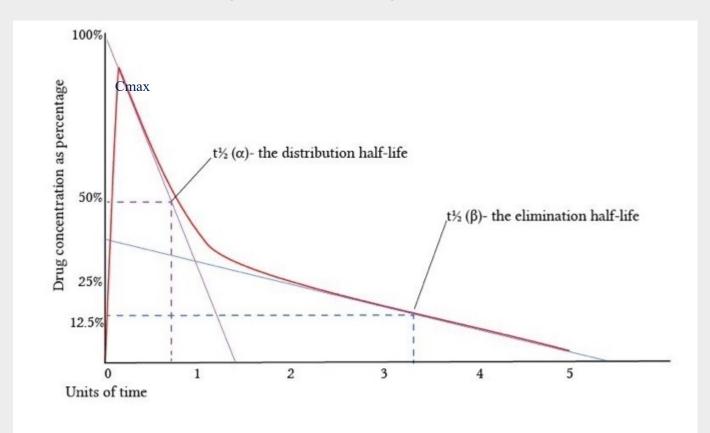


Subjective 'high' (0-100) by route $(IV \rightarrow Smoked \rightarrow Nasal)$

Elimination



T1/2 (Half-life) is The Time For Cmax to Fall by Half

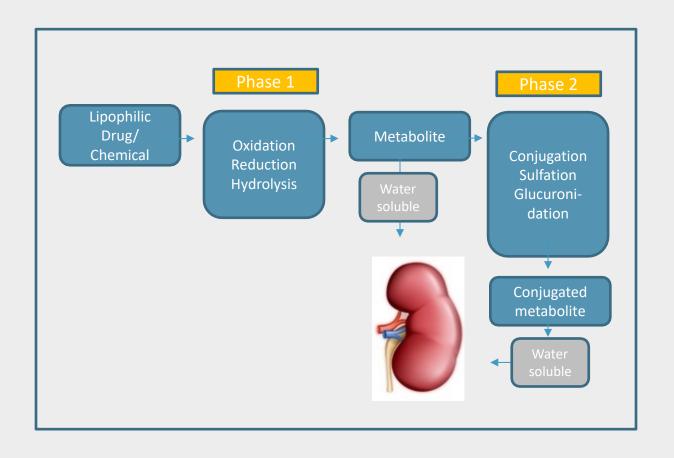


- Distribution t½
 - Redistribution t½
- Terminal elimination t¹/₂
 - Context sensitive t½
 - Apparent t½

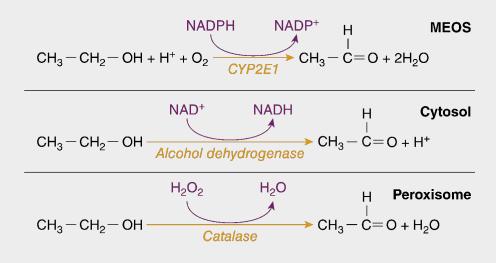
Drug	Half life (distrib)	Half life (redistrib)	Half life (term)	LogP
Fentanyl	2 min	12 min	480 min	4.05
Methadone	120 min		1440 min	3.93



Biotransformation



Ethanol Metabolism

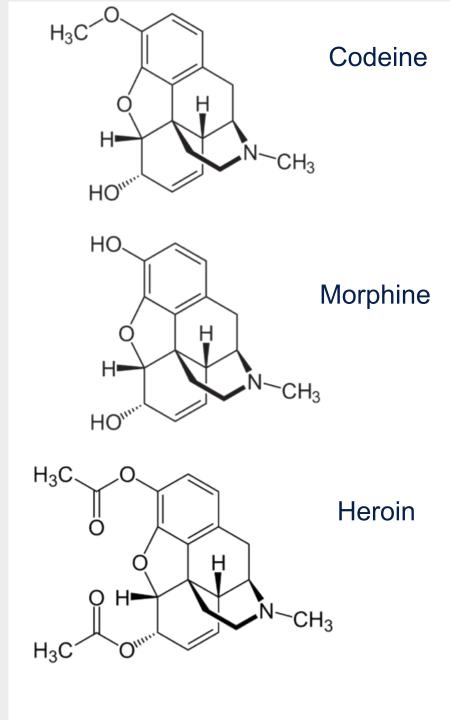


Activation through Biotransformation

- Codeine is demethylated in the liver to morphine
 - Occurs via CYP2D6
 - Codeine is a "pro-drug" (drug undergoes hepatic biotransformation or 'metabolism' to its active component
 - Lisdexamfetamine (Vyvanse™) is another example
 of a pro-drug

Fun pharm fact: heroin does not bind to the mu receptor. Metabolism occurs in the CSF. Heroin is a pro-drug for morphine.





Biotransformation

CYP Enzyme	1A2	2B6	2C9	2C19	2D6	2E1	3A4
Percent of liver CYPs	4%-16%	2%-5%	5%-29%	1%-4%	1%-4%	6%-17%	15%-37%
Contribution to enterocyte CYPs	None	None	Minor	Minor	Minor	Minor	70%
Organs other than liver with enzyme	Lung	Kidney	Small intestine, nasal mucosa, heart	Small intestine, nasal mucosa, heart	Small intestine, kidney, lung, heart	Lung, small intestine, kidney	Much in small intestine; some in kidney, nasal mucosa, lung, stomach
Percent of metabo- lism of typically used pharmaceuticals	9%	7%	13%	7%	20%	3%	30 %
Polymorphisms ^a	No	Yes	Yes	Yes	Yes	No	No
Allelic Frequency							
Decreased Activity							
African American		38%-62%	0%-3%	10%-17%	14%-30%		
Asian	_	14%-25%	2%-8%	25%-39%	47%-94%	_	_
Caucasian		23%-39%	16%-23%	6%-16%	31%-45%		
Increased Activity							
African American		0%-25%		15%-27%			
Asian	_	5%-15%	_	0%-2%	1%	_	_
Caucasian		6%		21%-25%	1%-9%		
Ethiopian					30%		

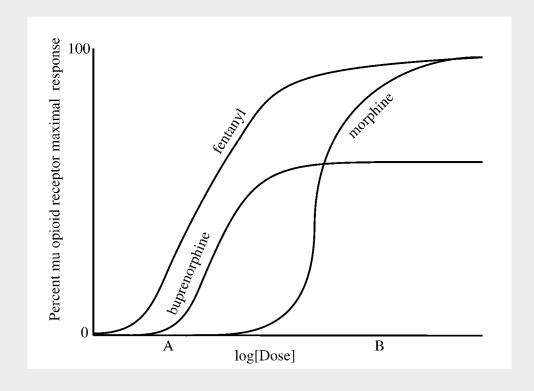
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Receptor Pharmacology



Efficacy

Ligand	% Efficacy
Full agonist	E = 100
Partial agonist	0 < E < 100
Antagonist	E = 0
Inverse agonist	E < 0



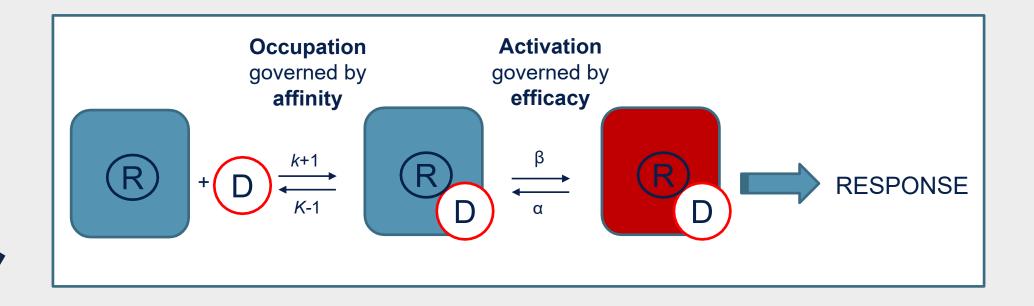
Affinity



Ligand	Ki (Affinity) (nmol)
Hydrocodone	41.58
Oxycodone	25.87
Heroin	9.6
Methadone	3.38
Fentanyl	1.35
Morphine	1.14
Naloxone	1.1
Hydromorphone	0.6
Buprenorphine	0.21



Receptor kinetics On-off



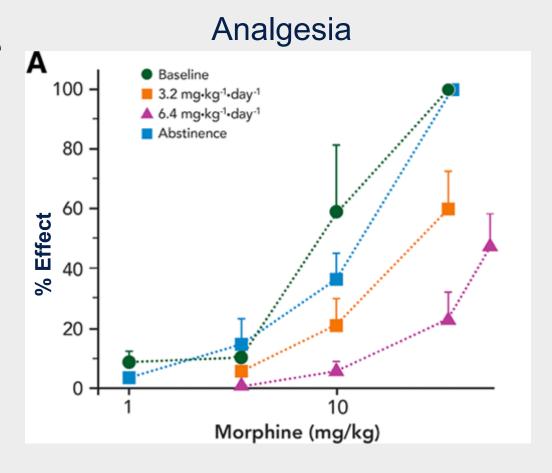


Pharmacodynamics



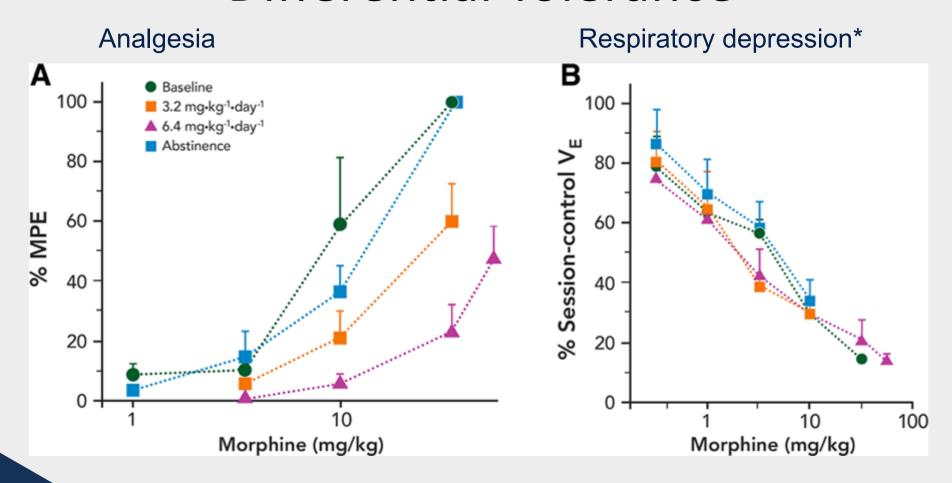
Tolerance

- Tolerance is the reduction in response to a drug after its repeated administration
- Tolerance shifts the dose-response curve to the right
 - Higher doses than initial doses to achieve the same effect





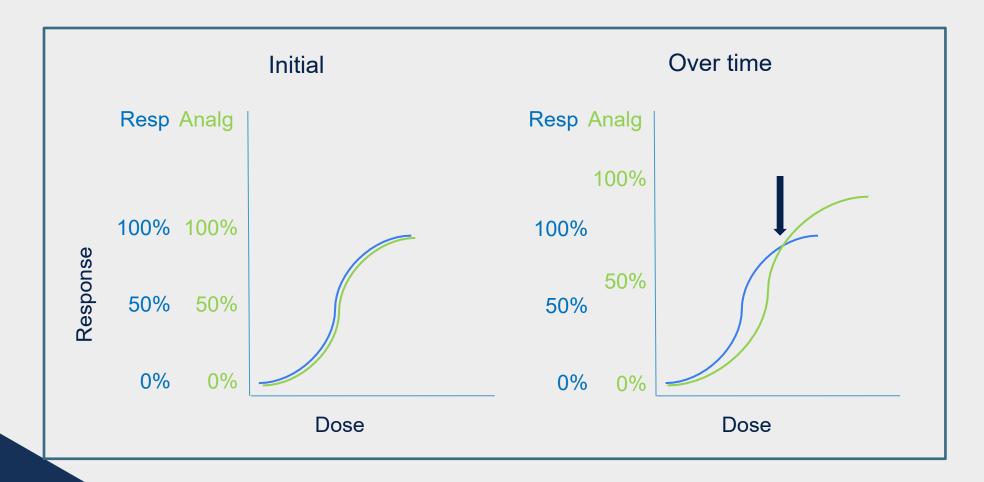
Differential Tolerance



*limited development of tolerance



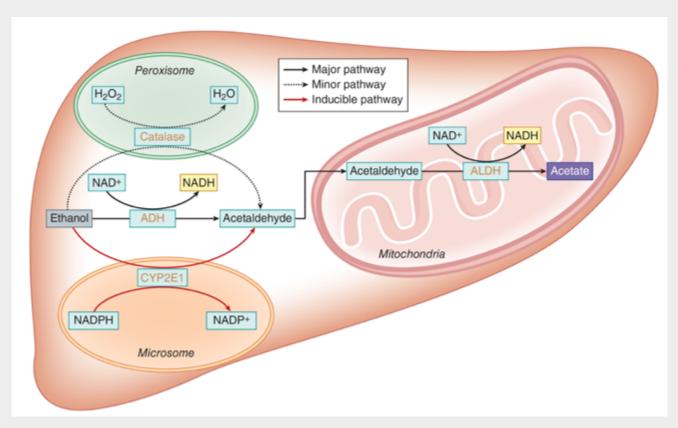
The Paradox of Differential Tolerance





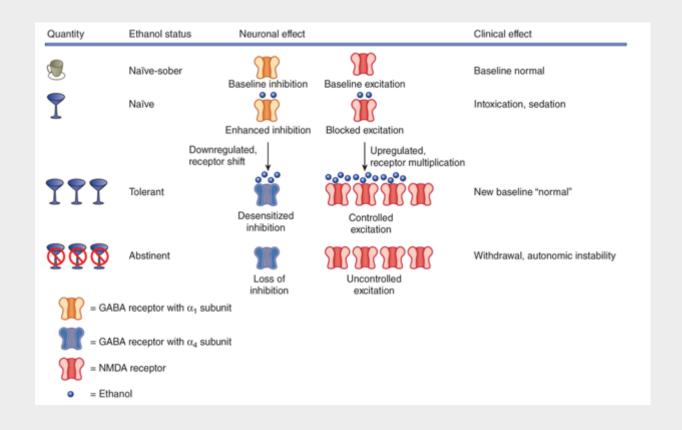
Pharmacokinetic Tolerance

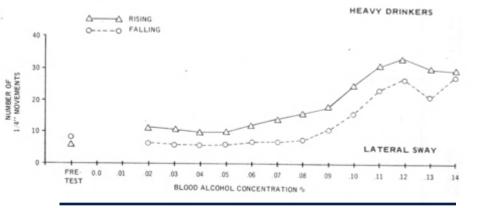
- A consequence of increased metabolism after a drug is repeatedly administered
- Results in less drug being available at the receptor for drug activity.
- Ethanol
 - Although ADH is not inducible, CYP2E1 is
 - Accounts for more rapid elimination of alcohol in heavy, chronic users



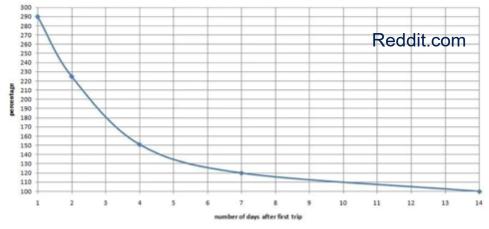
Pharmacodynamic Tolerance

- Down-regulation of receptors (higher drug concentration needed)
 - Desensitization of GABA (ethanol)
 - Receptor conformation
 - Desensitization of MOR (opioid)
 - Signal transduction
 - Decreased density (internalization)
- Up-regulation of receptors
 - Increased number of NMDA













Other Clinical Examples of Tolerance

- Mellanby effect
 - Less "intoxicated" on descending limb of BAC curve

- MDMA, psilocybin, and LSD
 - Serotonin receptor

- BZD resistant alcohol withdrawal from IV (less with PO) diazepam
 - Tachyphylaxis

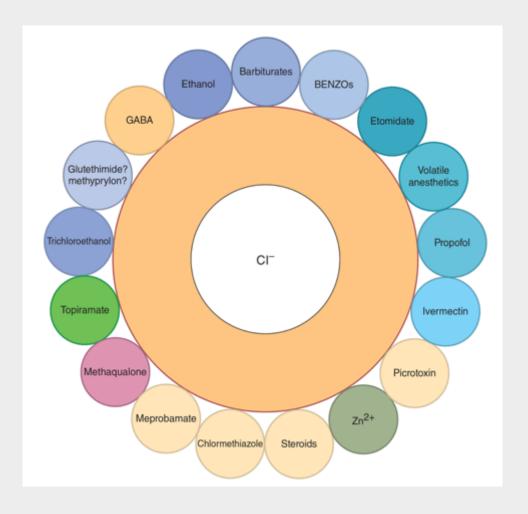
Conditioned Tolerance



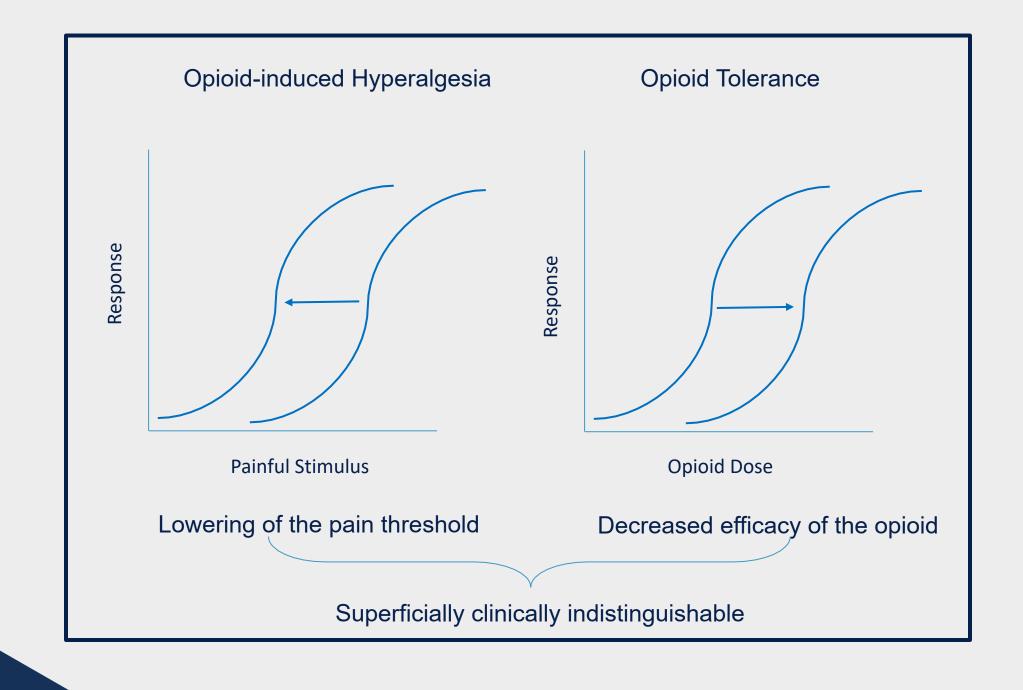


Cross-Tolerance

 Tolerance to the repeated use of a specific drug in a given category is generalized to other drugs with the same structural or mechanistic category.







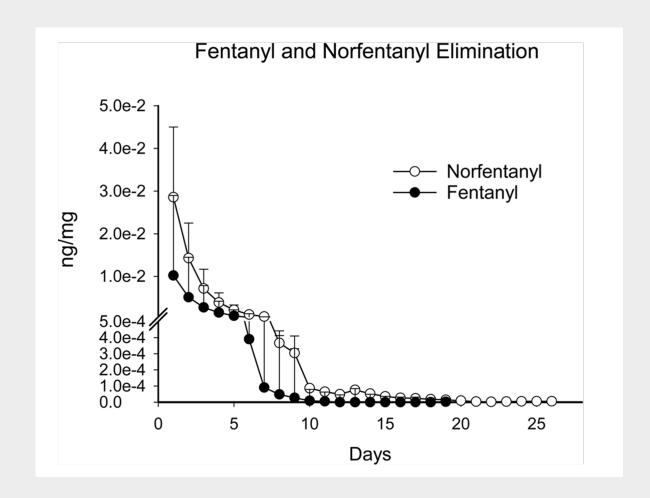
Physical Dependence

- A state that develops as a result of adaptation and the resetting of homeostatic mechanisms
- Withdrawal syndrome can occur in physically dependent person when the drug is abruptly stopped or dose reduced
 - Typically improves on restarting the drug
 - There can be a "point of no-return"
- Can occur with both addictive and non-addictive use of drugs
 - Caffeine, nicotine
- And with therapeutic use
 - Clonidine



Physical Dependence Withdrawal Severity

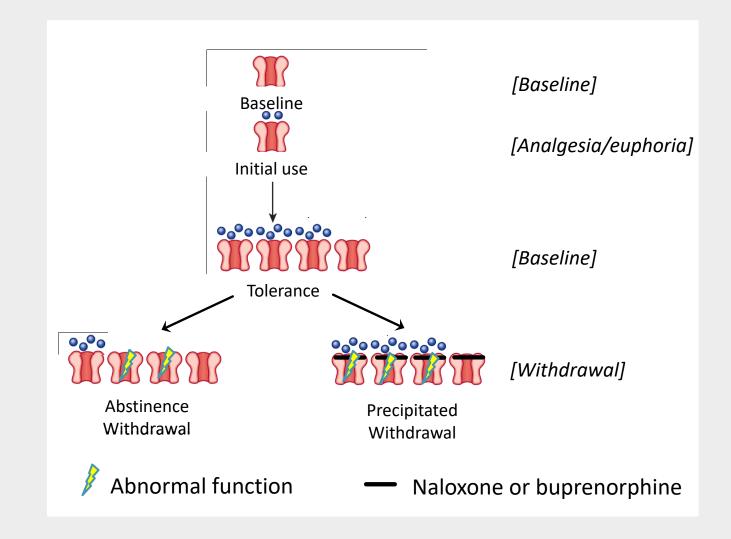
- Depth of dependence is related to extent and duration of exposure
 - Receptor adaptation





Physical Dependence Withdrawal Severity

 Related to rapidity of development of withdrawal





Drug Interactions



Physiological Drug Interactions (Pharmacodynamic)



Heroin and cocaine



Alcohol and benzodiazepines



Physiological Drug Interactions (Pharmacodynamic)

The New York Times

Tranq Dope: Animal Sedative Mixed With Fentanyl Brings Fresh Horror to U.S. Drug Zones

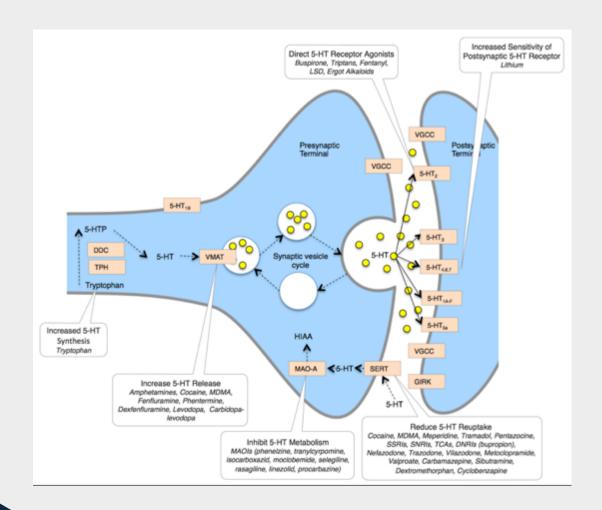
A veterinary tranquilizer called xylazine is infiltrating street drugs, deepening addiction, baffling law enforcement and causing wounds so severe that some result in amputation.

Jan. 7, 2023





PK/PD Drug Interactions



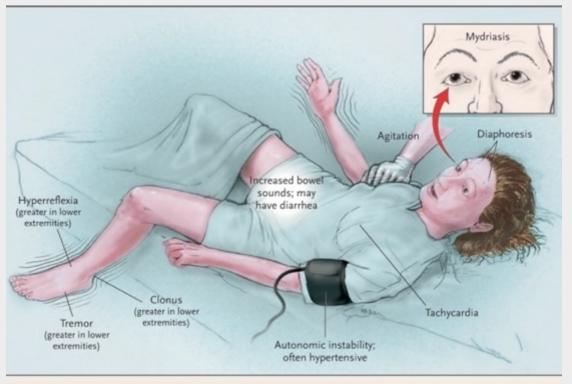


Figure 2. Findings in a Patient with Moderately Severe Serotonin Syndrome.

Hyperkinetic neuromuscular findings of tremor or clonus and hyperreflexia should lead the clinician to consider the diagnosis of the serotonin syndrome.



Exposure Pathway

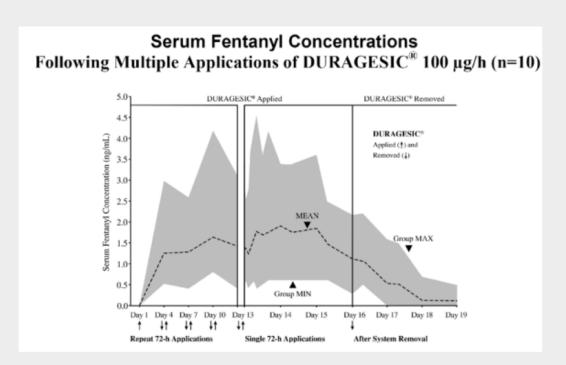
Sheriff's deputy overdoses after exposure to fentanyl during arrest

The video was released to promote public safety.



The San Diego County Sheriff's Department <u>released body camera footage</u> of the crucial moments in which a deputy saved another's life after he was overdosed from fentanyl exposure during an arrest last month.

Fentanyl was first developed in 1959 and introduced in the 1960s as an intravenous anesthetic.



Duragesic prescribing information



Consensus Statement

Appropriate Use of Drug Testing in Clinical Addiction Medicine



Medical Review Officer Guidance Manual for Federal Workplace Drug Testing Programs









Department of Health and Human Services
Substance Abuse and Mental Health Services Administration
Genter for Substance Abuse Prevention
Division of Workplace Programs

Philosophical Considerations (for substance use)

- Testing is not meant to "catch" the patient
 - Testing identifies recent use it does NOT identify addiction or impairment
 - A positive finding suggests need to review treatment plan
 - Not to prevent, limit, or punitively change treatment
- Tests must be interpreted in the context of patient self-report and other information from observed behaviors or reliable sources
- Language is important
 - e.g., clean vs dirty, pass/fail



"You're fired, Jack. The lab results just came back, and you tested positive for Coke."



Screening and Confirmatory Tests



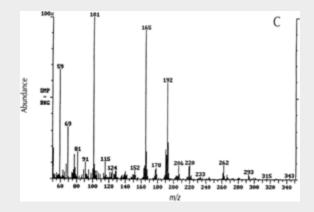
Screening (Presumptive) Assays – indicate the presumptive presence of drugs

Highly sensitive

Rapid, inexpensive

Cutoff - Yes/No





Confirmatory (Definitive) Assays – specifically identify the drug detected in the screening assay

Highly specific

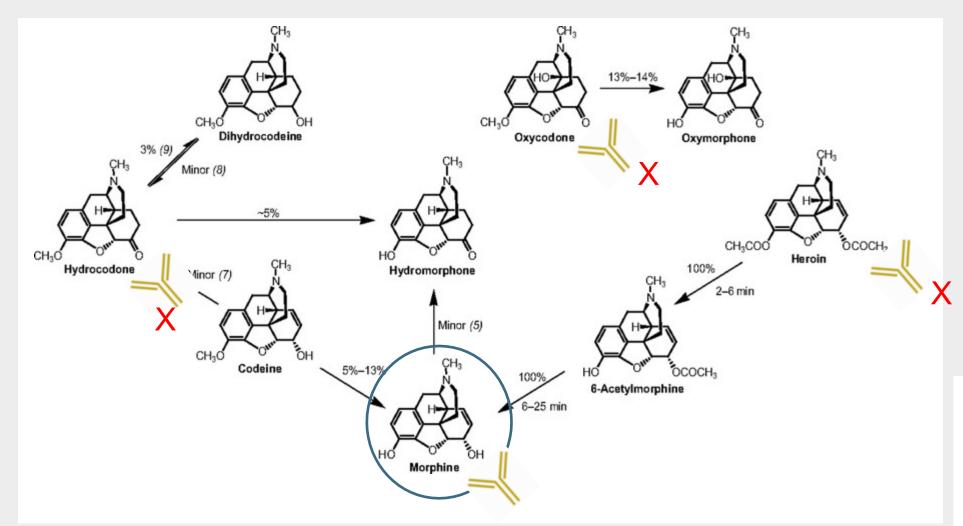
Quantitative

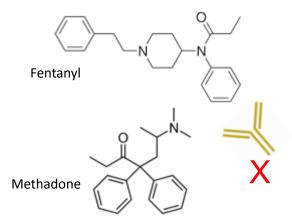
Complicated, expensive

Screening Tests for "Drugs of Abuse"

- Enzyme immunoassay
 - Based on a substance's structure.
 - Relatively inexpensive, easily automated
- Analytical false positives are possible (e.g., amphetamine assay identifies pseudoephedrine)
 - Confirm "unconfirmed" positive screens in some clinical situations
- Analytical false negatives are uncommon (i.e., assay completely misses an expected analyte)
 - Clinical false negatives occur (e.g., opiate assay doesn't detect a non-morphinan opioid)









Drug/Class	Detection Limits (ng/mL) ^b	Confirmation Limits (ng/mL) ^b	Detection Interval ^c	Comments
Amphetamine/ methamphetamine	500	500	1—2 days (2—4 days)	Decongestants, ephedrine, L-methamphetamine, selegiline, and bupropion metabolites are reported to give false-positive test results with some assays; MDA, MDEA, and MDMA are variably detected.
Barbiturates	200		2—4 days	Phenobarbital detection interval is up to 4 weeks.
Benzodiazepines	100-300		1–30 days	Benzodiazepines vary in reactivity and potency. Hydrolysis of glucuronides increases sensitivity. False-positive test results are reported with oxaprozin.
Cannabinoids	50	15	1–3 days (1 month)	Screening assays detect inactive and active cannabinoids; confirmatory assay detects inactive metabolite THCA. Duration of positivity is highly dependent on screening assay detection limits.
Cocaine	150	100	2 days (1 wk)	Screening and confirmatory assays detect inactive metabolite BE. False-positive test results caused by cross-reactive compounds are unlikely.
Opiates Codeine/morphine Hydrocodone/hydromorphone Oxycodone/oxymorphone 6-Acetylmorphine	2,000 300 100 10	2,000 100 50 10	1–2 days (1 week)	Semisynthetic opioids derived from morphine show variable cross-reactivity. Fully synthetic opioids (eg, fentanyl, meperidine, methadone, tramadol) have minimal cross-reactivity. Quinolones are known to cross-react with some assays.
Methadone	300		1–4 days	Doxylamine is reported to cross-react with some assays.
Phencyclidine	25	25	4–7 days (1 month)	Dextromethorphan, diphenhydramine, ketamine, and venlafaxine is reported to cross-react with some assays.

^aPerformance characteristics vary with manufacturer and may change over time. For the most accurate information, consult the package insert of the current lot or contact the manufacturer. ^bSubstance Abuse and Mental Health Services Administration recommendations¹⁰ are shown for amphetamines/methamphetamines, cannabinoids, cocaine, opiates, and phencyclidine immunoassays. Other commercial immunoassay cutoffs are also listed. Other cutoffs may be set by individual laboratories. ^cValues are after typical use; values in parentheses are after heavy or prolonged use.



BE = benzoylecgonine; MDA = methylenedioxyamphetamine; MDEA = methylenedioxyethylamphetamine; MDMA = methylenedioxymethamphetamine; THCA = tetrahydrocannabinolic acid.

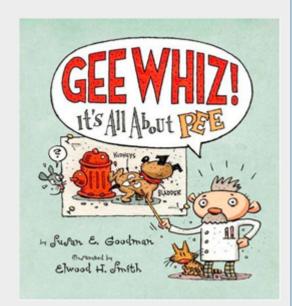
Complicated situation

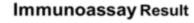
- You are evaluating your long-standing patient who tests positive for "opiates" on routine testing. The patient assures you they have not used any drugs.
- Analytical true positive
 - Clinical false positive (need 6-MAM)
- Note for all screens
 - Unclear which substance (e.g., which opioid)
 - Does not correlate with impairment
 - Cannot tell route, time of use, or amount used



Interpretation of a Negative Opioid Screen

- Patient is not using (e.g., diversion)
- Clinical false negative
 - Collection/Lab error
 - Wrong assay used
 - e.g.: "Opiate" assay for oxycodone
 - Cutoffs are often used
 - Detection periods are short
 - Adulteration





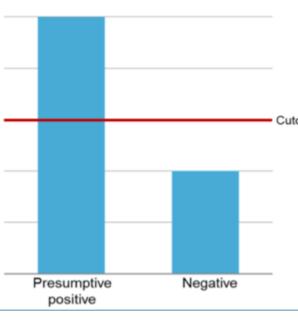
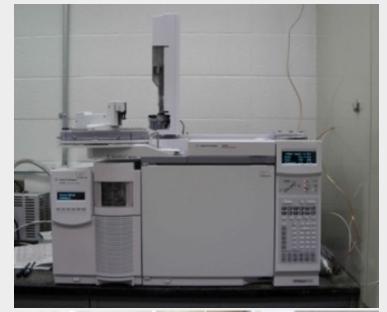


TABLE 2. Length of Time Drugs of Abuse Can Be
Detected in Urine

Drug	Time
Alcohol	7-12 h
Amphetamine	48 h
Methamphetamine	48 h
Barbiturate	
Short-acting (eg, pentobarbital)	24 h
Long-acting (eg, phenobarbital)	3 wk
Benzodiazepine	
Short-acting (eg, lorazepam)	3 d
Long-acting (eg, diazepam)	30 d
Cocaine metabolites	2-4 d
Marijuana	
Single use	3 d
Moderate use (4 times/wk)	5-7 d
Daily use	10-15 d
Long-term heavy smoker	>30 d
Opioids	
Codeine	48 h
Heroin (morphine)	48 h
Hydromorphone	2-4 d
Methadone	3 d
Morphine	48-72 h
Oxycodone	2-4 d
Propoxyphene	6-48 h
Phencyclidine	8 d

Data from references 7 through 12.







The Gold Standards for Confirmation

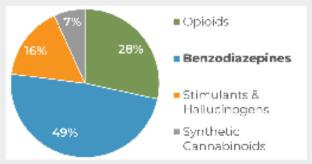
- Gas Chromatography/Mass Spectrometry
 - Gold standard for confirmation
 - Chemical "fingerprint" of drugs
 - Sensitive and specific
 - Legally defensible
- Liquid Chromatography/Tandem Mass Spectrometry (LC/MS/MS)
 - Emerging Standard for Confirmation
 - Less sample preparation



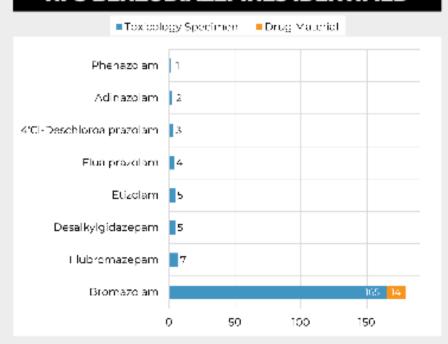
PURPOSE: This report provides up-to-date information regarding the status of NPS benzodiazepine prevalence and positivity in the United States.

OVERVIEW: Novel psychoactive substances (NPS), including NPS benzodiazepines, continue to pose great challenges for forensic scientists, clinicians. and public health and safety personnel. NPS benzodiazepines have been implicated in an increasing number of adverse health events, marked by emergency room admissions and death investigations, especially when ingested in combination with opioids. Maintaining a current scope of analysis can be challenging, requiring comprehensive analytical methodologies and reference materials for identification(s).

OBJECTIVE: Our laboratory utilizes novel approaches for the analysis of drugs in toxicology specimens and drug materials using comprehensive nontargeted data acquisition by gas chromatography mass spectrometry (GC-MS) and liquid chromatography quadrupole time-of-flight mass spectrometry (LC-QTOF-MS). The scope of analysis contains more than 1200 drugs, including a vast majority of NPS and their metabolites. This approach allows for real-time identification of new benzodiazepines and further data analysis of important trends. Cases and sample types linked to these results originate from recreational drug use, medicolegal death investigations, clinical intoxications, and/or driving under the influence of drugs investigations, among other circumstances. The results in this report represent the total number of NPS identifications at the CFSRE during this quarter, including those from sample-mining, data-mining, routine testing, and esoteric testing.

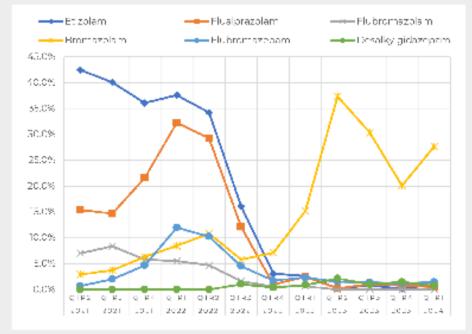


NPS BENZODIAZEPINES IDENTIFIED



SELECT POSITIVITY: Q2 2021 TO Q1 2024

Positivity plots are derived from a select toxicology data source that has been consistently monitored since 2018.





ACKNOWLEDGEMENTS: This report was prepared by Ales 3. Krotyliski, PhD: Sata E. PUNDING: CFERE's NPS Disposery is supported by the National Institute of Justice, Office species overyglather and or visit our website at www.npediscovery.org.

Walton, MS, Joshua S, DeBord, PhD, Amenda LA, Mohr, MSFS, D-ABIT-FT; and Berry K. of Justice Programs, U.S. Department of Justice Wested Number '8PND-22-GG-04434-Logan, PhD, F-ABFT at the Center for Forensic Science Research and Education (CFSRE) MUNU, "Implementation of NPS Discovery - An Early Warning System for Novel Drug at the Fredric Rieders Family Foundation, CFSRE's NPS Discovery program acknowledges. Intelligence, Surveillance, Monitoring, Response, and Forecasting using Drug Materials scientists at the CPSRE and NWE Lake for their involvements and contributions. For more and Toxicology: Populations in the USY). The opinions, findings, conclusions and/or information about our programs and reports, please contact NPS Discovery at recommendations expressed in this publication are these of the authority and do not necessarily represent the official position or policies of the U.S. Department of Justice

Buprenorphine analysis

- Can only generalize about expected levels
 - No credible way to say "X" dose should give "Y" level
 - Patients tend to stay within a certain range over time unless dose change
 - Trending helpful and can detect aberrancy
- Adulterated specimen
 - Bup without metabolite (always)
 - Bup >1000 ng/mL, even with metabolite (suggestive)
- Higher Bup levels than Norbup levels due to:
 - Dosing shortly before urine test
 - CYP 3A4 inhibitor or substrate which slows conversion to metabolite



Matrix Considerations

- Window of detection
- Time to obtain results (availability of POCT)
- Ease of collection (need for trained personnel, collection facilities)
- Invasiveness/unpleasantness of collection
- Availability of the sample (e.g., renal health, shy bladder, baldness, dry mouth)
- Susceptibility of the sample to tampering





- Medical or forensic toxicologist
- Staff at the testing laboratory
- A physician with MRO certification



What property of fentanyl accounts for its enhanced psychoactive effects compared to morphine?

- A. Charge
- B. Lipophilicity
- C. Molecular weight
- D. Potency



A patient started on opioids requires increasing doses of medication to get adequate pain relief. At the same time, painful stimuli elicit more pain that they previously did. What does this represent?

- A. Hyperalgesia
- B. Pharmacodynamic tolerance
- C. Pharmacokinetic tolerance
- D. Withdrawal



Which of the following drug screening tests is associated with the lowest rate of false positive results?

- A. Amphetamine
- B. Cocaine
- C. Opioids
- D. Phencyclidine





Get in Touch



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JULY 2025 REVIEW COURSE 2025